MSHSL SECTION 7AAA CHAMPIONSHIPS

Anoka, MN
Anoka High School

Thursday, October 29, 2026

MEET OFFICIALS
Timing:
Wayzata Results, LLC

OFFICIAL MEET REPORT
printed: 10/29/2026 1:01 PM

Race #1
Boys 5000M

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Avg.	Spread
1 AndoverT	46	3-6-9-13-15(17)(22)	16:14	1:05.9
2 BlaineT	58	1-4-5-20-28(35)(40)	16:11	1:58.9
3 Duluth East	67	2-7-16-19-23(34)(38)	16:27	1:38.5
4 Forest Lake	71	8-10-11-18-24(29)(32)	16:37	0:52.5
5 Cambridge-Isanti	158	14-25-33-41-45(47)(50)	17:35	1:49.8
6 Anoka	166	12-26-27-49-52(55)	17:56	3:14.2
7 Centennial	179	21-36-37-42-43(44)(46)	17:48	1:15.0
8 Coon Rapids	199	30-31-39-48-51(53)(54)	18:15	2:05.4

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 David Meberg T	SR	2377	Blaine	1	15:25.1	---
2 Logan Hartman I	SO	2446	Duluth East	2	15:30.2	5.1
3 Tyler Flippen T	SR	2342	Andover	3	15:33.2	8.1
4 Israel Sulungaine T	SR	2382	Blaine	4	15:34.8	9.7
5 Elijah Thomas T	SO	2383	Blaine	5	15:42.8	17.7
6 Aaron Misoi T	SR	2347	Andover	6	16:06.3	41.2
7 Nathaniel Bateman I	SR	2443	Duluth East	7	16:06.3	41.2
8 Jack Hushagen I	JR	2464	Forest Lake	8	16:19.7	54.6
9 Noah Shaffer T	SR	2349	Andover	9	16:20.0	53.9
10 James McArdle I	SR	2466	Forest Lake	10	16:21.9	56.8
11 Isaac Schwintek I	JR	2467	Forest Lake	11	16:26.6	1:01.5
12 Keenan Raske I	JR	2364	Anoka	12	16:26.9	1:01.8
13 Steven Hennig T	JR	2344	Andover	13	16:29.8	1:04.7
14 Jeremiah Guldseth	JR	2394	Cambridge-Isan	14	16:29.8	1:04.7
15 Owen Lebeau T	SO	2346	Andover	15	16:39.0	1:12.9
16 Aiden Cernohous	FR	2444	Duluth East	16	16:41.2	1:16.1
17 Benjamin Lawrence T	SO	2345	Andover	(17)	16:41.2	1:16.1
18 Alexander Tennis	SR	2468	Forest Lake	18	16:42.6	1:17.5
19 Thomas Opheim	FR	2447	Duluth East	19	16:45.2	1:20.1
20 Henry Meberg T	JR	2378	Blaine	20	16:46.0	1:19.9
21 Evan Lautenschlager	JR	2412	Centennial	21	16:56.1	1:31.0
22 Hunter Birkmeier T	JR	2341	Andover	(22)	17:01.8	1:36.7
23 Nathaniel Pryzbyl	JR	2448	Duluth East	23	17:08.7	1:43.6
24 Lucas Boe	JR	2461	Forest Lake	24	17:12.1	1:47.0
25 Otto Schroeder	FR	2400	Cambridge-Isan	25	17:15.3	1:50.2
26 Abdul Karim Swaray	JR	2367	Anoka	26	17:22.3	1:57.2
27 George Morara Rasug	SO	2363	Anoka	27	17:23.1	1:58.0
28 Reece Miller T	JR	2379	Blaine	28	17:23.9	1:58.8
29 Caden Browers	SO	2463	Forest Lake	(29)	17:27.3	2:02.2
30 John Vandagriff	SO	2437	Coon Rapids	30	17:32.0	2:05.9
31 Nixon Glenn	SO	2432	Coon Rapids	31	17:32.1	2:07.0
32 Dane Zierman	SR	2469	Forest Lake	(32)	17:41.0	2:14.9
33 Grant Kennedy	SO	2395	Cambridge-Isan	33	17:48.6	2:23.5
34 Kai Stevenson	SO	2450	Duluth East	(34)	17:49.8	2:24.7
35 Wyatt Brown T	JR	2375	Blaine	(35)	17:49.9	2:24.8
36 Grayson Paasch	JR	2415	Centennial	36	17:51.7	2:26.6

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
37 Connor Vig	SR	2419	Centennial	37	17:53.0	2:26.9
38 Everett Hammond	SR	2445	Duluth East	(38)	17:57.8	2:32.7
39 Josey Jacobs	JR	2433	Coon Rapids	39	17:59.4	2:34.3
40 Cazdyn Pisca T	SR	2380	Blaine	(40)	18:00.3	2:35.2
41 Hudson Dombek	JR	2393	Cambridge-Isan	41	18:01.1	2:36.0
42 Marshall Smith	JR	2418	Centennial	42	18:06.2	2:41.1
43 Tyler Bahr	SR	2411	Centennial	43	18:11.1	2:46.0
44 Connor Louks	SR	2413	Centennial	(44)	18:19.5	2:54.4
45 Gavin Milz	FR	2399	Cambridge-Isan	45	18:19.6	2:54.5
46 Andrew Parent	SR	2416	Centennial	(46)	18:25.1	3:00.0
47 Hunter Landon	FR	2397	Cambridge-Isan	(47)	18:26.0	2:59.9
48 Tate Burnett	SO	2429	Coon Rapids	48	18:34.1	3:09.0
49 Eli Burchill	JR	2360	Anoka	49	18:43.7	3:18.6
50 Grady Jennissen	SR	2396	Cambridge-Isan	(50)	19:16.3	3:51.2
51 Cullen Jayasekera	JR	2434	Coon Rapids	51	19:37.4	4:12.3
52 Elliot Revering	SR	2366	Anoka	52	19:41.0	4:14.9
53 Vincent Congdon	FR	2431	Coon Rapids	(53)	19:42.0	4:15.9
54 Truman Smith	JR	2436	Coon Rapids	(54)	19:50.9	4:25.8
55 Chase Adam	SR	2359	Anoka	(55)	19:57.3	4:32.2

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Race #2
Girls 5000M

Final Results

TEAM SCORING SUMMARY

Final Standings		Score	Scoring Order	Avg.	Spread
1	BlaineT	27	1-2-5-6-13(32)(34)	18:34	1:14.7
2	Forest LakeT	46	4-7-9-12-14(35)(38)	18:58	0:30.4
3	Duluth East	85	11-17-18-19-20(28)(33)	19:44	1:09.4
4	Andover	94	8-16-21-24-25(37)(48)	19:49	1:25.7
5	Centennial	97	10-15-22-23-27(31)(39)	19:49	1:28.6
6	Cambridge-Isanti	168	26-29-30-41-42(43)(46)	21:01	1:27.3
7	Coon Rapids	185	3-40-44-47-51	21:47	5:30.6
8	Anoka	232	36-45-49-50-52	22:57	4:19.0

INDIVIDUAL RESULTS

	Athlete	YR	#	Team	Score	Time	Gap
1	Brynlee Wegener T	SO	2392	Blaine	1	17:49.0	---
2	Audrey Schwen T	JR	2389	Blaine	2	18:21.4	33.4
3	Ruby Demmer I	SR	2438	Coon Rapids	3	18:39.8	51.8
4	Hazel Hushagen T	FR	2473	Forest Lake	4	18:43.0	54.0
5	Alexa Adams T	8	2384	Blaine	5	18:43.2	55.2
6	Stella Shultz T	FR	2390	Blaine	6	18:51.8	1:03.8
7	Molly Mccarthy T	SR	2475	Forest Lake	7	18:52.0	1:03.0
8	Julia Strobel I	JR	2357	Andover	8	18:54.2	1:06.2
9	Elsa Swenson T	SR	2476	Forest Lake	9	18:54.6	1:06.6
10	Alexandra Sindt I	SO	2427	Centennial	10	18:55.8	1:07.8
11	Callia Karr I	JR	2455	Duluth East	11	18:56.2	1:08.2
12	Lydia Browers T	8	2470	Forest Lake	12	19:03.3	1:15.3
13	Nora Kuhn T	JR	2387	Blaine	13	19:03.7	1:15.7
14	Maeta Williams T	SR	2478	Forest Lake	14	19:13.4	1:25.4
15	Emma Delf I	JR	2421	Centennial	15	19:19.8	1:31.8
16	Leah Jongekryg I	8	2353	Andover	16	19:20.2	1:32.2
17	Samantha Kohlts	SR	2456	Duluth East	17	19:49.1	2:01.1
18	Morgan Wood	FR	2460	Duluth East	18	19:49.5	2:01.5
19	Sasha Wahman	SR	2459	Duluth East	19	19:59.1	2:11.1
20	Marin Spoelhof	FR	2458	Duluth East	20	20:05.6	2:17.6
21	Grace Potvien	SR	2356	Andover	21	20:11.5	2:23.5
22	Madison Chrusciel	SR	2420	Centennial	22	20:11.7	2:23.7
23	Kinlee Engstrom	SO	2422	Centennial	23	20:13.3	2:25.3
24	Aili Keane	SO	2354	Andover	24	20:19.1	2:31.1
25	Quinn Damlo	8	2350	Andover	25	20:19.9	2:31.9
26	Lucia Larson	SO	2405	Cambridge-Isan	26	20:23.7	2:35.7
27	Emma Nelson	JR	2426	Centennial	27	20:24.4	2:36.4
28	Ava Johnson	SR	2454	Duluth East	(28)	20:27.9	2:39.9
29	Clara Baker	FR	2402	Cambridge-Isan	29	20:28.6	2:40.6
30	Autumn Christenson	7	2403	Cambridge-Isan	30	20:29.3	2:41.3
31	Audrey Julson	SR	2424	Centennial	(31)	20:32.1	2:44.1
32	Edith Meberg T	8	2388	Blaine	(32)	20:36.3	2:48.3
33	Robin Laaksonen	FR	2457	Duluth East	(33)	20:39.6	2:51.6
34	Ayla Skog T	7	2391	Blaine	(34)	20:41.5	2:53.5
35	Ava Tynan T	8	2477	Forest Lake	(35)	20:46.4	2:58.4
36	Victoria Fernandez	JR	2368	Anoka	36	20:48.1	3:00.1

TEAM SCORING SUMMARY (cont'd)

	Athlete	YR	#	Team	Score	Time	Gap
37	Layla Kieffer	SO	2355	Andover	(37)	20:57.3	3:09.3
38	Aubriella Jensen T	7	2474	Forest Lake	(38)	21:22.9	3:34.9
39	Josephine Steinhoff	FR	2428	Centennial	(39)	21:32.0	3:43.0
40	Mackenzie Reiland	FR	2441	Coon Rapids	40	21:35.9	3:47.9
41	Emma Wolcyn	7	2410	Cambridge-Isan	41	21:49.5	4:01.5
42	Cornelia Miller	JR	2407	Cambridge-Isan	42	21:51.0	4:02.0
43	Hannah Kolbeck	SO	2404	Cambridge-Isan	(43)	21:55.1	4:07.1
44	Alexa Sabatke	JR	2442	Coon Rapids	44	22:02.5	4:14.5
45	Maeve Stack	JR	2373	Anoka	45	22:04.6	4:16.6
46	Olivia Michalke	SR	2406	Cambridge-Isan	(46)	22:19.6	4:31.6
47	Faith Kue	JR	2440	Coon Rapids	47	22:26.6	4:38.6
48	Kahlan Iblings	SR	2352	Andover	(48)	22:58.4	5:10.4
49	Brynna Peterson	SO	2371	Anoka	49	23:18.7	5:30.7
50	Ashley Warren	JR	2374	Anoka	50	23:24.7	5:36.7
51	Emmy Fuller	SR	2439	Coon Rapids	51	24:10.4	6:22.4
52	Harper Grad	JR	2369	Anoka	52	25:07.0	7:18.0